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The Clinician's Guide to Forensic Music Therapy

Treatment Manuals for Group Cognitive Analytic Music Therapy (G-CAMT) and Music Therapy Anger Management (MTAM)

by Stella Compton Dickinson and Laurien Hakvoort

Dr Stella Compton-Dickinson is a London-based Health and Care Profession council registered music therapist, accredited supervisor, professional oboist and lecturer, UK Council for Psychotherapy registered therapist and supervisor. She has her own private practice and twenty years' experience in the National Health Service as a Clinician, Head of Arts Therapies and Clinical Research Lead.

Dr Laurien Hakvoort is a Dutch senior registered music therapist and Neurologic Music Therapy fellow. She is a lecturer in music therapy of ArtEZ school of music and worked for 17 years in forensic psychiatry.

The Clinician's Guide to Forensic Music Therapy provides information and advice on how to effectively and safely deliver two context-specific, systematic approaches in forensic music therapy.

The two clinically tested treatment manuals have been specifically designed for use by music therapists and other clinicians working in prisons and secure hospital settings. They provide in-depth practical guidance for a variety of contexts and specific attention is given to risk assessment, responsivity to treatment and recovery. The book also includes advice on clinical evaluation, taking the complexities of diagnosis and patient needs into consideration.

As the very first of its kind, and written by two leading practitioners of forensic music therapy, this book is essential reading for any music therapist and student of music therapy. It will also be of interest to other clinicians working in correctional or secure psychiatric settings and includes a chapter for them on how to use music effectively.



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